

## *ChristPond Retreat Center*

*ChristPond  
provides a secluded retreat venue  
to nurture spiritual growth and renewal.*

*When you find a place where God speaks to your  
heart, where you are comforted  
by the gift of time spent in nature  
and shared with other  
friends, family, or colleagues,  
your life is changed, enriched, renewed,  
and possibly transformed.*

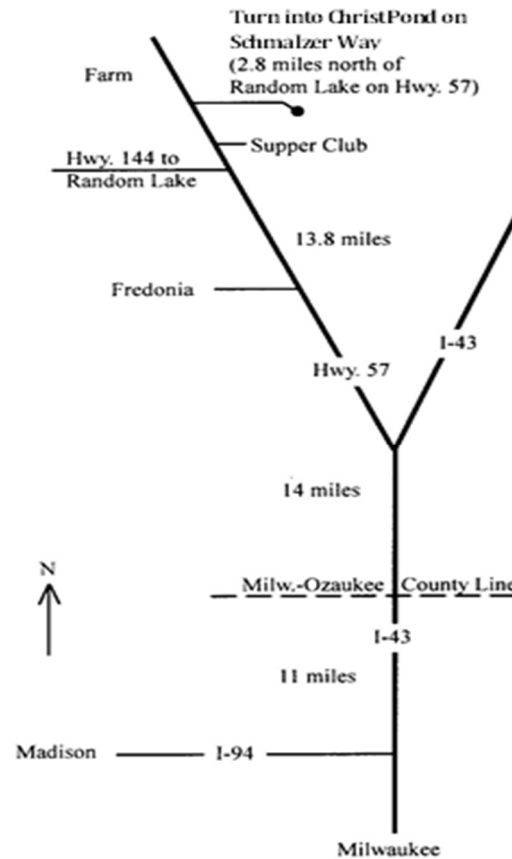
*These are the powerful, quiet, growing  
experiences impacting those who take time to be  
renewed in the presence of God.*

*It happens at ChristPond.  
It's life changing.  
It makes a difference.*



## *Directions & Financial Assistance*

ChristPond Retreat Center is located on Hwy 57, south of Plymouth and north of Random Lake. For more specific directions contact Linda at 262-375-2494 or 262-366-6810, or email her at [cabinstil@sbcglobal.net](mailto:cabinstil@sbcglobal.net).



# *Grieving Through the Seasons*

*A Spiritual Retreat  
for the Bereaved*

**Saturday, August 29, 2020  
9:00am – 4:30pm**



**ChristPond Retreat Center**

N1599 Hwy.57, Random Lake, WI, 53075

[www.christpond.org](http://www.christpond.org)

## ***Grieving Through the Seasons... Saturday, August 29, 2020***

is a day-long spiritual retreat for adults, of any and no faith tradition, who are grieving the death of a loved one, friend, or co-worker. The day will integrate patterns of the grieving experience with the rhythms and changes of the seasons. The day will include:

- ❖ Reflections
- ❖ Times of Silence
- ❖ Safe Spaces of Sharing
- ❖ Prayer & Meditation
- ❖ Journaling
- ❖ Creative Expression

## ***Time, Cost and Registration***

Registration and continental breakfast begin at 8:30am with the retreat program starting at 9:00am and ending at 4:30pm.

Fee is \$45.00 which includes a continental breakfast, lunch, journal & materials. (No one will be turned away because of the inability to pay.)

The registration form must be completed and sent, with your fee, no later than (postmarked) Friday, August 21<sup>st</sup>



## ***Presenter***



**Melissa Minkley, MSW, CT**

Is the cofounder of *Healing Life's Losses* and is a social worker with over 20 years of experience in psychosocial oncology and bereavement counseling. She has companioned adults and children in individual, support group, workshop and retreat settings focusing on enhancing ones holistic well-being. Her personal experience of loss has given Melissa insight into the impact grief has on individuals, families and friends.

## ***Need More Information?***

If you want more information about the retreat call Melissa at 262-751-3910 or email at [melissa.hllseasons@hotmail.com](mailto:melissa.hllseasons@hotmail.com)

## ***Registration***

**Due no later than Friday, August 21<sup>st</sup>**

Mail Registration and Fee to:  
**Retreat for the Bereaved  
ChristPond Retreat Center  
c/o Troy Bretl  
258 Clover Ln. Fredonia, WI 53021**

Make checks Payable to:  
**ChristPond Retreat Center**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_ **CITY:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**Name of Deceased:** \_\_\_\_\_

**Date of Death:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Relationship with the deceased (i.e. spouse, parent, sibling, child, friend, co-worker):**

\_\_\_\_\_

**If spouse, length of marriage:** \_\_\_\_\_

**Please share the cause of your loved one's death:**

\_\_\_\_\_

\_\_\_\_\_

**Sorry, No-Walk-ins – Reservation Required.**

**LIMITED SPACE AVAILABLE**